

Organised by:



In Collaboration with:



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RA ASIA POCUS

1ST ASEAN CONFERENCE ON

10th-12th JULY 2026 | KOTA  KINABALU

THEME:

**BEACH, BLOCKS & BREAKTHROUGHS -
SURFING THE FUTURE OF RA & POCUS**



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<http://raasiapocus2026.com>
#raasiapocus2026

2nd Announcement

WELCOME MESSAGE BY ORGANISING CHAIR AND ORGANISING CO-CHAIR OF THE RA ASIA 2026

Welcome to **RA Asia 2026** in conjunction with **1st ASEAN Conference on Point of Care Ultrasound!**

On behalf of the Organising Committee, it is our great pleasure to welcome you to **RA Asia 2026 (International Symposium of Regional Anaesthesia Asia 2026)** held in conjunction with the **1st ASEAN Conference of Point of Care Ultrasound**, taking place from 10th to 12th July 2026 in the beautiful city of Kota Kinabalu, Sabah.

Our theme, **“Beach, Blocks and Breakthroughs – Surfing the Future of RA & POCUS,”** captures the spirit of this meeting — a blend of cutting-edge science, practical learning, and meaningful connections, all set against the relaxing backdrop of Sabah’s tropical shores and mountains.

This unique collaboration between the **Malaysian Society of Regional Anaesthesia (MySORA)**, the **Society of Critical and Emergency Sonography Malaysia (SUCCES)**, and **Universiti Malaysia Sabah** brings together leading experts, clinicians, and researchers from across Asia and beyond. Together, we will explore the latest innovations and best practices in Regional Anaesthesia (RA) and Point of Care Ultrasound (POCUS) — two rapidly advancing fields that are transforming patient care in anaesthesia, critical care, and emergency medicine.

Over the course of the conference, you can look forward to pre-congress workshops, plenary lectures, parallel sessions, and hands-on masterclasses designed to enrich your knowledge and skills. Beyond the scientific sessions, we also invite you to experience the warm hospitality, vibrant culture, and breathtaking natural beauty that make Sabah truly special.

We thank you for being part of this exciting journey and look forward to welcoming you to Kota Kinabalu — where learning meets leisure, and collaboration sparks innovation.

See you at RA Asia 2026!



Dr Shahridan Mohd Fathil
Organising Chair
RA Asia 2026
in conjunction with
1st ASEAN Conference on Point
of Care Ultrasound

Vice President
Malaysian Society of Regional
Anaesthesia (MySORA)



Dr Azma Haryaty Ahmad
Organising Co-Chair
RA Asia 2026
in conjunction with
1st ASEAN Conference on Point
of Care Ultrasound

President
Society of Critical & Emergency
Sonography Malaysia
(SUCCES) Council 2025/2026

WELCOME MESSAGE BY SCIENTIFIC CHAIR OF THE RA ASIA 2026

On behalf of the scientific committee, it is with immense pleasure and pride that I welcome each and every one of you to the vibrant city of Kota Kinabalu for the Regional Anaesthesia Asia 2026, held in conjunction with the inaugural 1st ASEAN Point of Care Ultrasound Conference. We are absolutely delighted to host you here in Sabah, the "Land Below the Wind," for what promises to be a landmark event. Under the theme "Beach, Blocks and Breakthroughs; Surfing the Future of RA & POCUS" we gather not just to share knowledge, but to inspire a collective vision for the future of our specialties, set against the stunning backdrop of this beautiful region.

The fields of Regional Anaesthesia and Point-of-Care Ultrasound are not just evolving; they are revolutionizing the landscape of clinical medicine, empowering us to provide safer, more precise, and more effective care for our patients. I invite you to immerse yourselves in the stimulating scientific program, to engage in thought-provoking discussions, and to connect with peers who share your passion. Let us ride this powerful wave of change together, pushing the boundaries of what's possible and shaping the future of healthcare. I wish you all a very fruitful, engaging, and memorable conference.



Dr Ahmad Afifi Mohd Arshad

Scientific Chair

RA Asia 2026

*in conjunction with
1st ASEAN Conference on Point
of Care Ultrasound*



COMMITTEE

Organising Committee

Dr Shahridan Mohd Fathil (Organising Chair)
Dr Azma Haryaty Ahmad (Organising Chair)
Dr Iskandar Khalid (Secretary)
Dr Wan Nabilah Nik Nabil (Treasurer)

Organising Committee (MySORA)

Dr Aisyah Mohd Nor
Dr Benjamin Tan Lin Jun
Dr Chan Weng Ken
Dr Chiew Yee Soon
Dr Hion Yuen Teng
Dr Siew Gee Ho
Dr Tan Kok Wang

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Dr Jessica Goon Mei Cheng

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Debbie Michael
Lisah Ahmad Wazir
Mohd Eqmal Richard
Seanrickco Sabinus
Shirllin Saimon

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Dr Ernita Simon
Dr Herna Marlynnie
Dr Lydia Chua
Dr Tiew Eng Jian
Dr Trevor Chan Keng Guan
AMO Mohd Hamdan Hassan

Scientific Committee

Dr Ahmad Afifi Mohd Arshad (Scientific Chair)
Asst Prof Dr Muhamad Rasydan Abdul Ghani
Dr Gan Kiat Kee
Dr Herna Marlynnie
Dr Iskandar Khalid
Dr Lui Ken-Yi
Dr Nurul Liana Roslan



FACULTY

International Faculty

Professor Dr Hyungtae Kim	<i>South Korea</i>
Associate Professor Dr Jatupron Pakpirom	<i>Thailand</i>
Dr Joanne Tan Ming Hui	<i>Australia</i>
Professor Dr Manoj Kumar Karmakar	<i>Hong Kong</i>
Professor Dr Nabil Elkassabany	<i>USA</i>
Professor Dr Pankaj Kundra	<i>India</i>
Professor Dr Paul Kessler	<i>Germany</i>
Associate Professor Dr Penafrancia Catangui Cano	<i>Philippines</i>
Associate Professor Dr Prangmalee Leurcharusmee	<i>Thailand</i>
Dr Pryambodho Pry	<i>Indonesia</i>
Dr Ranjith Kumar Sivakumar	<i>Hong Kong</i>
Dr Singh Prit Anand	<i>Singapore</i>
Professor Dr T. Sivashanmugam	<i>India</i>
Associate Professor Dr Takayuki Yoshida	<i>Japan</i>
Dr Wanyi Wong	<i>Singapore</i>

Local Faculty

Dr Adi Osman	Dr Ng Sze Teck
Dr Ahmad Afifi Mohd Arshad	Dr Nurul Liana Roslan
Dr Amelia Mohamed Ain	Dr Nurul Shaliza Shamsuddin
Dr Amiruddin Nik Mohd Kamil	Dr Nurul Zaynah Nordin
<i>Dr Azma Haryaty Ahmad</i>	Dr Shahridan Mohd Fathil
<i>Dr Azmi Ahmad</i>	Professor Dr Shaik Farid Abdull Wahab
<i>Dr Azrin Mohd Azidin</i>	Associate Professor Dr Shalimar Abdullah
<i>Dr Gan Kiat Kee</i>	Dr Wan Nabilah Nik Nabil
<i>Dr Herna Marlynnie Mursaid</i>	
<i>Dr Hidayah Shafie</i>	
<i>Dr Iskandar Khalid</i>	
<i>Dr Jessica Goon Mei Cheng</i>	
Associate Professor Dr Julina Md Noor	
<i>Dr Lui Ken-Yi</i>	
Yang Berbahagia Datuk Dr Mahathar Abd Wahab	
<i>Dr Mohd Hafis Mohamed Sakan</i>	
Associate Professor Dr Mohd Hashairi Fauzi	
Associate Professor Dr Muhamad Rasydan Abd Ghani	

DETAILED PROGRAMME

Pre-Conference Workshop 1: RA Pre-Conference Live Workshop – Plan A Blocks

Introduction

Step into the forefront of clinical mastery at Hospital Queen Elizabeth with this exclusive workshop designed specifically to guide block enthusiasts through a comprehensive exploration of Plan A Blocks. This workshop is meticulously structured to emphasize hands-on practise across various simulated models and live clinical settings, offering participants the chance to navigate the intricate nuances of basic, high-value blocks within an intimate, small-group tutorial environment. Whether you are perfecting your needle trajectory or mastering anatomical pattern recognition, this session provides an ideal learning opportunity to refine your RA practices. Please note that a valid Annual Practising Certificate (APC) from the Ministry of Health (MOH) is required to participate in live block performance, making this a unique opportunity for licensed professionals to polish their procedural artistry in a real-world setting.

Target Audience

30 novice to intermediate RA practitioners from anaesthesiology, critical care and emergency medicine.

Date	10th July 2026, Friday			
Venue	Hospital Queen Elizabeth I			
0715 - 0800	Registration			
0800 - 0900	Hands-on Session 1: Live Patients			
	Group 1 Live	Group 2 Live	Group 3 Live	Group 4 Live
0900 - 0945	Lecture 1: Introduction to Plan A Blocks for the Adult Patient - Interscalene, Axillary Brachial Plexus, Femoral, Adductor Canal Block			
0945 - 1015	Morning Tea			
1015 - 1100	Lecture 2: Plan A Blocks - Popliteal Sciatic, Erector Spinae Plane, Rectus Sheath Block			
1100 - 1200	Hands-on Session 2			
	Group 1 Live	Group 2 Live/Model - UL	Group 3 Live/Model - LL	Group 4 Live/Model - Trunk
1200 - 1345	Lunch & Prayer Break			
1345 - 1645	Hands-on Session 3			
1345 - 1445	Group 1 Live/Model - Trunk	Group 2 Live	Group 3 Live/Model - UL	Group 4 Live/Model - LL
1445 - 1545	Group 1 Live/Model - LL	Group 2 Live/Model - Trunk	Group 3 Live	Group 4 Live/Model - UL
1545 - 1645	Group 1 Live/Model - UL	Group 2 Live/Model - LL	Group 3 Live/Model - Trunk	Group 4 Live
1645 - 1700	Closing			

DETAILED PROGRAMME

Pre-Conference Workshop 2: RA Pre-Congress Simulation/Model Workshop – Plan BCD

Introduction

Immerse yourself in a dynamic learning environment at the RA Simulation – Plan BCD Blocks, where the "Beach, Blocks, and Breakthroughs" theme comes to life through a comprehensive exploration of Plan BCD Blocks. This exclusive, high-tier workshop is designed specifically for intermediate and advanced practitioners eager to elevate their regional anaesthesia techniques to an elite level. Under the direct tutelage of RA Asia's distinguished experts, dive deep into the anatomical fundamentals and accurate methodologies for various advanced nerve blocks, enhancing your knowledge and technical skills via tutorials and interactive small-group scanning sessions, ensuring you "surf the future" of the field with precision and confidence.

Target Audience

30 intermediate to advanced RA practitioners from anaesthesiology, critical care and emergency medicine.

Date	10th July 2026, Friday			
Venue	Universiti Malaysia Sabah			
0715 - 0800	Registration			
0800 - 0830	Opening Remarks & Introduction			
0830 - 0900	Lecture 1: Advanced Blocks for Upper Limb Surgery <i>Periclavicular, elbow & forearm level block</i>			
0900 - 0930	Lecture 2: Advanced Blocks for Shoulder Surgery <i>Superior trunk, suprascapular and axillary nerve block</i>			
0930 - 1000	Hands-on Session 1: Simulated Patients			
	Group 1,2,3: Upper limb	Group 1,2,3: Shoulder	Group 4,5,6: Shoulder	Group 4,5,6: Upper limb
1000 - 1030	Morning Tea			
1030 - 1100	Lecture 3: Advanced Blocks for Breast & Cardiothoracic Surgery <i>Paravertebral, Paraspinal and Parasternal block</i>			
1100 - 1130	Lecture 4: Neuraxial Scanning <i>Ultrasound-assisted and Real-time spinal and epidural</i>			
1130 - 1200	Hands-on Session 2: Simulated Patients			
	Group 1,2,3: Thorax	Group 1,2,3: Neuraxial	Group 4,5,6: Neuraxial	Group 4,5,6: Thorax
1200 - 1400	Lunch & Prayer Break			
1400 - 1420	Lecture 5: Advanced Blocks for Abdominal Surgery <i>QL variants, EOI block</i>			
1420 - 1440	Lecture 6: Advanced Blocks for Hip Surgery <i>SIFI, PENG, LFCN block</i>			
1440 - 1500	Lecture 7: Advanced Blocks for Knee Surgery <i>Subsartorial variants, iPACK, genicular block</i>			
1500 - 1630	Hands-on Session 3: Simulated Patients			
	Group 1, 2: Abdomen	Group 3, 4: Hip	Group 5, 6: Knee	
	Group 1, 2: Hip	Group 3, 4: Knee	Group 5, 6: Abdomen	
	Group 1, 2: Knee	Group 3, 4: Abdomen	Group 5, 6: Hip	
1645 - 1700	Closing			

DETAILED PROGRAMME

Pre-Conference Workshop 3: SUCCES XtraordinariUS Workshop: Beach Edition bah!

Introduction

Experience a regional first with this extraordinary, one-day POCUS extravaganza that brings together over 15 years of teaching excellence from across Southeast Asia. Hosted by the SUCCES society at UMS, this workshop is a "XtraordinariUS" deep dive into the less-travelled territories of point-of-care ultrasound, specifically curated for intermediate and expert enthusiasts who crave knowledge beyond the basics. Join a prestigious assembly of regional experts as they explore topical interests and unconventional scanning areas, blending high-level clinical insights with the vibrant energy of our coastal venue.

Target Audience

30 doctors and allied health professionals with basic ultrasound knowledge, especially those working in Emergency Medicine, ICU, Anaesthesiology, Internal Medicine, Surgery and Orthopaedics

Date	10th July 2026, Friday
Venue	Universiti Malaysia Sabah
0800 - 0830	Registration
0830 - 0840	Opening Remarks & Introduction
0840 - 0910	Lecture 1: RV & LV Systolic Assessment <i>Assoc. Prof. Dr. Julina Md Noor</i>
0910 - 0940	Lecture 2: POCUS in the Assessment of Fluid Responsiveness <i>Prof. Dr. Shaik Farid Abdull Wahab</i>
0940 - 1010	Lecture 3: NeuroPOCUS: Introduction to Transcranial Doppler Ultrasound <i>Dr. Adi Osman</i>
1010 - 1030	Morning Tea
1030 - 1200	HOTS 1 (30 minutes)
1030 - 1100	Station A: XtraordinariUS Airway US
1100 - 1130	Station B: XtraordinariUS Diaphragmatic US
1130 - 1200	Station C: XtraordinariUS NeuroPOCUS
1200 - 1400	Lunch & Prayer Break
1400 - 1430	Lecture 4: POCUS for Difficult Airway <i>Dr Azmi Ahmad</i>
1430 - 1500	Lecture 5: Weaning from Mechanical Ventilation: the ABCDE Algorithm <i>Dr. Amelia Mohamed Ain</i>
1500 - 1630	HOTS 2 (30 minutes)
1500 - 1530	Station D: XtraordinariUS RV Systolic Assessment
1530 - 1600	Station E: XtraordinariUS LV Systolic Assessment
1630 - 1700	Closing Remarks

DETAILED PROGRAMME

Pre-Conference Workshop 4: RA Pre-Congress Live Workshop – Adult Neuraxial & Paediatric Plan A Blocks

Introduction

Hosted at the esteemed Hospital Wanita & Kanak-Kanak Sabah (Sabah Women and Children Hospital), this workshop is dedicated to exploring the intricacies of adult ultrasound-guided central neuraxial block and pediatric Plan A blocks. Aimed at bridging the gap for those seeking to master the most challenging aspects of regional anaesthesia, the session combines expert-led lectures with hands-on simulated ultrasound scanning and live blocks. Participants will gain the skills to identify critical sonoanatomical landmarks of the spine. This workshop equips attendees with the essential knowledge and confidence to proficiently navigate central neuraxial procedures in high-stakes obstetric populations and basic, high-value blocks in pediatric settings.

Target Audience

30 novice to intermediate RA practitioners from anaesthesiology, critical care and emergency medicine.

Date	10 th July 2026, Friday		
Venue	Hospital Wanita Dan Kanak-Kanak Sabah (Hospital Likas)		
0715 - 0800	Registration		
0800 - 0900	Hands-on Session 1		
	Group 1 CNB Live	Group 2 PAED Live	Group 3 CNB Model
0900 - 0945	Lecture 1: Ultrasound-guided Spinal Anaesthesia		
0945 - 1015	Morning Tea		
1015 - 1100	Lecture 2: Paediatric Plan A Blocks - Axillary, Femoral, Rectus Sheath, QL & Penile Block		
1100 - 1200	Hands-on Session 2		
	Group 1 CNB Model	Group 2 CNB Live	Group 3 PAED Live
1200 - 1345	Lunch & Prayer Break		
1345 - 1445	Hands-on Session 3		
	Group 1 PAED Live	Group 2 CNB Model	Group 3 CNB Live
1445 - 1545	Lecture 3: Paediatric Plan A Blocks - Caudal Block		
1545 - 1645	Hands-on Session 4		
	Group 1 PAED Caudal Model	Group 2 PAED Caudal Model	Group 3 PAED Caudal Model
1645 - 1700	Closing		

DETAILED PROGRAMME

Detailed Programme - Day 1

Date	11 th July 2026, Saturday		
Venue	Venue: Ballroom 1		
0730 - 0830	Registration		
Venue	Ballroom 1, Level 2		
0830 - 0900	Sponsored Plenary 1		
0900 - 0930	Plenary 1 Chasing the ECHO: Reflections on the Art and Craft of Regional Anaesthesia <i>Prof. Dr. Manoj Kumar Karmakar</i>		
0930 - 1000	Plenary 2 POCUS and the Law: Medicolegal Considerations in Clinical Practice <i>Datuk Dr. Mahathar Abd Wahab</i>		
1000 - 1030	Opening Ceremony + Photo Session		
1030 - 1100	Morning Tea		
1100 - 1130	Sponsored Plenary 2		
1130 - 1200	Plenary 3 Un'BOX'ing The Art and Science of Spinal Anesthesia <i>Prof. Dr. T. Sivashanmugam</i>		
1200 - 1230	Plenary 4 Goal-Directed Resuscitation: TEE as the Compass in Hemodynamic Chaos <i>Dr. Adi Osman</i>		
1230 - 1300	Ultrasound Wars		
1300 - 1400	Lunch		
Venue	Event 1, Level 2	Ballroom 1, Level 2	Vista Ballroom, Level 1
1400 - 1420	Sponsored Lecture 1	Sponsored Lecture 2	Sponsored Lecture 3
1420 - 1540	Track 1: The Frontiers of Plan A Blocks	Track 2: Mastery in the Minutiae	Track 3: POCUS Premiers
	The Current Interscalene: Dosing vs Selective Block <i>Prof. Dr. Hyungtae Kim</i>	Pro Retro-SCTL: A Sumptuous Entrée <i>Dr. Ranjith Kumar Sivakumar</i>	Ten Influential Point-of-Care Ultrasound Studies from 2025 <i>Dr. Azma Haryaty Ahmad</i>
	Optimizing the Axillary Block: Variations & Coverage <i>Dr. Ng Sze Teck</i>	Pro PVB: Path of the Righteous <i>Prof. Dr. Manoj Kumar Karmakar</i>	Enhancing Perioperative Safety: The Transformative Role of POCUS in Anaesthesia <i>Dr. Shahridan Mohd Fathil</i>
	Fascial Planes in the Plan A Block Everyone Should Know <i>Dr. Iskandar Khalid</i>	Continuous Technique for Adhesiolysis & Release Surgery <i>Assoc. Prof. Dr. Muhamad Rasydan Abd Ghani</i>	Lung POCUS: A New Standard for Pulmonary Assessment <i>Assoc. Prof. Dr. Julina Md Noor</i>
	Q&A	Q&A	Q&A
1540 - 1600	Afternoon Tea		

DETAILED PROGRAMME

Detailed Programme - Day 1 (cont.)

Venue	Event 1, Level 2	Ballroom 1, Level 2	Vista Ballroom, Level 1
1600 - 1740	Track 4: Beyond Opioid-Sparing	Track 5: Deconstructing Adversities	Track 6: POCUS Echodynamics
	SIFI vs PENG: A Tug of War <i>Dr. Joanne Tan Ming Hui</i>	Pushing the Limits: Dosing vs LAST <i>Dr. Wanyi Wong</i>	VExuS & Beyond: Integrating Advanced Doppler in POCUS Hemodynamic Assessment <i>Dr. Nurul Zaynah Nordin</i>
	ESP for Deconditioning Back Pain <i>Dr. Lui Ken-Yi</i>	Brachial Plexus Injury from the Lens of Microsurgeon <i>Assoc. Prof. Dr. Shalimar Abdullah</i>	Right Heart Matters: POCUS for Pulmonary Hypertension in Crisis <i>Dr. Hidayah Shafie</i>
	Fragility Fracture Pathway: Expanding the Horizon <i>Dr. Wan Nabilah Nik Nabil</i>	From Dogma to Data: Current Evidence for PDPH <i>Dr. Pryambodho Pry</i>	Utilizing POCUS in the Management of Septic Cardiomyopathy <i>Assoc. Prof. Dr. Mohd Hashairi Fauzi</i>
	One Block, Many Worlds: The SGB <i>Dr. Ahmad Afifi Mohd Arshad</i>	Paediatric Caudal Epidural Revisited <i>Prof. Dr. Pankaj Kundra</i>	Demystifying Diastolic Function in Shock: A Practical Update <i>Dr. Nurul Shaliza Shamsuddin</i>
	Q&A	Q&A	Q&A
1800	MySORA AGM		
2000	Faculty Dinner		



DETAILED PROGRAMME

Programme Overview - Day 2

Date	12 th July 2026, Sunday		
Venue	Venue: Ballroom 1		
0730 - 0830	Registration		
Venue	Event 1, Level 2	Ballroom 1, Level 2	Vista Ballroom, Level 1
0830 - 1030	Research Workshop 1: Foundation & Strategies	Sponsored RA Masterclass 1: the Truncal Blocks & Fascial Plane	Sponsored POCUS Masterclass 1: POCUS: Focused Currents
	Closing the Gap: Why Regional Anaesthesia Demands Research <i>Prof. Dr. Manoj Kumar Karmakar</i>	Optimizing RA for Non-Intubating Breast Surgery <i>Assoc. Prof. Dr. Penafancia Catangui Cano</i>	POCUS in the Diagnosis and Management of Infectious Diseases <i>Dr. Gan Kiat Kee</i>
	Blueprint for Evolution: Transforming Ministry of Health (MOH) Facilities into Academic Research Hubs <i>Dr. Adi Osman</i>	FPB For Abdominal Surgery: High QLB vs Posterior TAP <i>Assoc. Prof. Dr. Jui-An Lin</i>	POCUS-Guided Approach to Undifferentiated Acute Abdominal Pain <i>Assoc. Prof. Dr. Mohd Hashairi Fauzi</i>
	Strength in Numbers: Leveraging Multi-Center Networks to Power RA and POCUS Research <i>Dr. Shahridan Mohd Fathil</i>	The Awake Thorax: Principle and Practice of NIVATS <i>Dr Amiruddin Nik Mohd Kamil</i>	POCUS Live: Introduction to POCUS Abdomen <i>Dr. Nurul Liana Roslan</i>
	Q&A	RA Live: Truncal Block Simulation <i>All Faculties</i>	Integrating POCUS in Managing Obstetric Emergencies <i>Dr. Hidayah Shafie</i>
1030 - 1100	Morning Tea		
1100 - 1300	Research Workshop 2: Methodology & Design	Sponsored RA Masterclass 2: the Neuraxial Masterclass	Sponsored POCUS Masterclass 2: POCUS: Critical Depth
	Choosing the Right Yardstick: Research Priorities in RA & POCUS <i>Assoc. Prof. Dr. Nabil Elkassabany</i>	Neuraxial Access: Focusing on the Target <i>Prof. Dr. T. Sivashanmugam</i>	POCUS to the Rescue: Valvular Catastrophes in the ED and ICU <i>Dr. Hafis Sakan</i>
	Designing and Executing Cadaveric Studies in RA <i>Assoc. Prof. Dr. Prangmalee Leurcharumee</i>	Neuraxial Access in Realtime <i>Assoc. Prof. Dr. Jatuporn Pakpirom</i>	Noninvasive Intracranial Pressure Monitoring: What Can POCUS Really Tell Us? <i>Dr. Ahmad Afifi Mohd Arshad</i>
	From Idea to IRB: Crafting a High-Yield Research Protocol <i>Prof. Dr. Paul Kessler</i>	The Neuraxial Mirage: Navigating the Technical Pitfalls <i>Dr. Ranjith Kumar Sivakumar</i>	Noninvasive Intracranial Pressure Monitoring: What Can POCUS Really Tell Us? <i>Dr. Nurul Shaliza Shamsuddin</i>
	Q&A	RA Live: Neuraxial Access Simulation <i>All Faculties</i>	POCUS Live: Novel Parasternal Approach Pericardiocentesis <i>Dr. Adi Osman</i>

DETAILED PROGRAMME

Programme Overview - Day 2 (cont.)

Date	12 th July 2026, Sunday		
Venue	Event 1, Level 2	Ballroom 1, Level 2	Vista Ballroom, Level 1
1300 - 1400	Lunch		
1400 - 1600	Research Workshop 3: Path to Publication	Sponsored RA Masterclass 3: the Joints & ERAS	Sponsored POCUS Masterclass 3: POCUS: Dynamic Equilibrium
	Target Practice: Matching Your Research to the Right Impact Journal <i>Assoc. Prof. Dr. Jui-An Lin</i>	The Subsartorial Masterclass: A Precision Approach <i>Dr. Azrin Mohd Azidin</i>	The Art and Science of Fluid Responsiveness Using POCUS <i>Dr. Nurul Zaynah Nordin</i>
	Catching the Editor's Eye: Crafting Irresistible Cover Letters and Visuals <i>Prof. Dr. Pankaj Kundra</i>	ERAS Hip Joint <i>Dr. Singh Prit Anand</i>	Simple Framework to Assess Undifferentiated Shock <i>Prof. Dr. Shaik Farid Abdull Wahab</i>
	Responding to Reviewers Without Losing Your Cool <i>Assoc. Prof. Dr. Nabil Elkassabany</i>	ERAS Shoulder Joint <i>Dr. Herna Marlynnie Mursaid</i>	How I Use POCUS in Managing Fluid Accumulation Syndrome in Critically Ill Patients <i>Dr. Amelia Mohamad Ain</i>
	Q&A	RA Live: RA in ERAS <i>Assoc. Prof. Dr. Takayuki Yoshida</i>	POCUS Live: Dynamic Assessment of Fluid Responsiveness <i>Dr. Jessica Goon Mei Cheng</i>
1600 - 1630	Closing Ceremony		



POSTER PRESENTATION: CALL FOR ABSTRACT

Important Dates

Abstract Submission Deadline

30th April 2026

Abstract Acceptance Notification

12th May 2026

Registration & Payment Deadline for Accepted Abstracts

29th May 2026

Submission of E-Poster

5th June 2026

The Scientific Committee of **RA Asia 2026** welcomes the submission of abstracts in the areas of **Regional Anaesthesia (RA)** and **Point of Care Ultrasound (POCUS)**.

Authors are invited to submit **either a Research Paper or a Case Report/Series**. All abstracts must be submitted **online via Google Form**.

[Click here to submit](#)



Scan the QR code
to submit abstract!

There is **no limit** to the number of abstracts an author may submit, but abstracts based on the **same study or dataset** should not be duplicated.

All submissions will undergo review by the Scientific Committee, which reserves the right to decide on the **final decision of result**.

Submitter of accepted abstracts **must complete registration and payment** as a delegate by **29th May 2026** to present their work during the conference.

Collaboration with UMS - Borneo Journal of Medical Sciences (BJMS)

- The BJMS is an open access journal under the Faculty of Medicine and Health Sciences, **Universiti Malaysia Sabah**
- Selected abstracts may be invited for publication as full papers in a special edition of the Borneo Journal of Medical Sciences (BJMS). Authors will be notified accordingly, and final manuscripts following the journal's submission guidelines are to be submitted by **14th August 2026**.

POSTER PRESENTATION: CALL FOR ABSTRACT

Abstract Guidelines:

- Abstract must be submitted in **English**.
- The **submitter must register** and be present onsite.
- The font of the abstract should be in Calibri, 12 pt and double spacing.
- **Encore abstracts** (previously presented or published) are **not allowed**.
- Please specify the abstract title.
- The title must be in capital letters and is limited to a maximum of 640 characters.
- Please provide the details of the co-authors (names, affiliations). Ensure that all author information is included and entered correctly.
- Please provide 3-5 keywords for your abstract.
- Please provide the abstract body text. The abstract body is limited to a maximum of 250 words for studies/research which is approximately 1600 characters. For case report, the abstract body is limited to 150 words.
- The body must be divided into each:
 - Format of content to follow :

Studies/ Research	Case Report
Background	Introduction, Report and Conclusion all in one paragraph
Methodology	
Results	
Conclusion	

The Objective and Conclusion need to be consistent with those in the main text and should use the same wording. The results should present the main outcomes of the study using specific numerical data (e.g., absolute numbers and/or rates) with appropriate indicators of statistical uncertainty, such as 95% confidence intervals or p values. P values should never be presented alone without the actual data that are being compared. Do not use reference citations in the abstract. Abbreviations should be minimized and, if used, must be defined within the abstract by full terminology followed by abbreviation in parenthesis.

For medical terms such as proper nouns, generic names of medicines, and units of measurement, use the original term. The use of acronyms and abbreviations is discouraged and should be kept to a minimum. When used, they are to be defined where first used, followed by the acronym or abbreviation in parentheses. Measurements and laboratory values should be in accordance with the International System of Units (SI).

Ensure correct use of the terms sex (when reporting biological factors) and gender (identity, psychosocial or cultural factors), and, unless inappropriate, report the sex or gender of study participants, the sex of animals or cells, and describe the methods used to determine sex or gender. If the study was done involving an exclusive population, for example in only one sex, authors should justify why, except in obvious cases (e.g., prostate cancer). Authors should define how they determined race or ethnicity and justify their relevance.

The names and locations (city and state or country) of manufacturers of equipment and non-generic drugs should be given.

Ensure that all changes, corrections, and proofreading have been carried out before submission.

POSTER PRESENTATION: CALL FOR ABSTRACT

Notification of Acceptance:

- All abstracts will be reviewed by the Scientific Committee.
- Results will be announced by **12th May 2026**.
- Submitter of accepted abstract **must register by 29th May 2026** to confirm participation.
- The Committee's decisions on acceptance and presentation **format are final**.

Disclaimer

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REGISTRATION FEES

Workshop (10th July 2026, Friday) *Limited Spots

Malaysian Delegate	MySORA and SUCCES Member	Non-Member
Specialist/Consultant	MYR 300.00	MYR 350.00
Medical Officer/Resident/Trainee	MYR 200.00	MYR 250.00
Allied Health	MYR 200.00	MYR 250.00
International Delegate	ASEAN Countries	Non-ASEAN Countries
Specialist/Consultant	USD 90.00	USD 125.00
Medical Officer/Resident/Trainee	USD 70.00	USD 90.00
Allied Health	USD 70.00	USD 90.00

2 Days Symposium (11th - 12th July 2026, Saturday & Sunday)

Category	Early Bird (Until 31 st March 2026)		Post Early Bird (1 st April to 15 th June 2026)		Regular Ticket (16 th June 2026 to Onsite)	
	MySORA and SUCCES Member	Non-Member	MySORA and SUCCES Member	Non-Member	MySORA and SUCCES Member	Non-Member
Malaysian Delegate						
Specialist/Consultant	MYR 700.00	MYR 800.00	MYR 800.00	MYR 900.00	MYR 800.00	MYR 1,000.00
Medical Officer/Resident/Trainee	MYR 300.00	MYR 400.00	MYR 350.00	MYR 450.00	MYR 400.00	MYR 500.00
Allied Health	MYR 300.00	MYR 400.00	MYR 350.00	MYR 450.00	MYR 400.00	MYR 500.00
International Delegate	ASEAN Countries	Non-ASEAN Countries	ASEAN Countries	Non-ASEAN Countries	ASEAN Countries	Non-ASEAN Countries
Specialist/Consultant	USD 200.00	USD 250.00	USD 225.00	USD 300.00	USD 250.00	USD 350.00
Medical Officer/Resident/Trainee	USD 100.00	USD 150.00	USD 112.50	USD 162.50	USD 125.00	USD 175.00
Allied Health	USD 100.00	USD 150.00	USD 112.50	USD 162.50	USD 125.00	USD 175.00

REGISTRATION FEES

Payment Methods

- Online Payment: Debit / Credit card via Stripe
- Offline Payment: Bank Transfer
 - Please make payment before registering online as you are required to attach the proof of payment (scanned document of deposit slip / payment proof) in the online registration page.

Bank Details

Account number: 5644 9051 9749

Account name: Persatuan Anestesia Serantau Malaysia

Bank name: Malayan Banking Berhad (Maybank)

Branch: Lot C21-C, Concourse Expansion, Suria KLCC, Kuala Lumpur City Centre, 50888 KL

Switch code: MBBEMYKL

ROS Number for Online Transfer: PPM-010-14-22092023

Cancellation and Refund Policy

The Secretariat must be notified in writing of all cancellations. Refund will be made only after the conference and only applicable under the following circumstances:

- **Cancellation before or on 30th April 2026: 50% refund**
- **Cancellation on or after 1st May 2026: No refund**

If no refund is required but a change in participant registration is needed, then the Secretariat must be informed in writing via email to email.

Reimbursement Policy

In circumstances where the delegate requests for reimbursement of registration fees or their own delegate expenses, RA Asia 2026 reserves the right to deduct 30% administrative fee on the total value of the reimbursement claimed. Instead of requesting reimbursement, we suggest finding a colleague to take over your ticket.

MySORA and SUCCES Membership

The registration fee for MySORA and SUCCES Member categories is applicable only to participants with valid memberships. If your membership has expired, your registration will automatically be processed under the Non-Member category.

To verify your membership status or renew your membership, please contact:

MySORA Office: mysora.manager@gmail.com (Dr Iskandar Khalid)

SUCCES Office: succes_malaysia@yahoo.com (Dr Lee Kee Choon)

E-Certificate of Attendance

After the conference, you may log in to your RA Asia 2026 account to download your e-certificate under your USER DASHBOARD.

Liability

The Organising Committee will not be liable for personal accidents, loss or damage to private property of the participants during duration of the Conference. Participants should make their own personal arrangements.

Disclaimer

Whilst every attempt is made to ensure that all aspects of the conference as mentioned in this announcement will take place as scheduled, the Organising Committee reserves the right to make last minute changes should the need arise.

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RA ASIA 1ST ASEAN CONFERENCE ON POCUS

10th-12th JULY 2026 | KOTA  KINABALU

THEME:

**BEACH, BLOCKS & BREAKTHROUGHS -
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For more information, please contact:



**RA Asia 2026 in conjunction with
1st ASEAN Conference on Point of Care Ultrasound**

**Officially Appointed Conference Secretariat:
Medical Conference Partners**

9, Jalan 9/3, Section 9, 46000 Petaling Jaya, Selangor Darul Ehsan, Malaysia

Email: secretariat@raasiapocus2026.com

For Sponsorship : Dee Dee Quah (+6012 239 0081)

For Registration and Sponsorship : Khoo Zhi Fei (+6014 923 6018)